**Ringar – Distrikt 5 senaste uppdatering: 2019-03-17**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **DAG:** | **TID:****(Sv.tid)** | **FREKVENS:** | **REPEATER****KLUBB****(QTH)** | **ANMÄRKNING:** |
| **SÖNDAG** | **08:45****09:00****09:00****19:00** | **3,632.5 MHz****3,712.0 MHz****3,610.0 MHz****29,600 MHz****28,475 MHz** | **SK5BN**(Norrköping)**SK5AA**(Västerås)**SK5SM**(Motala)**SK5SM**(Motala) | **a)****Östergötlands ringen** |
| **MÅNDAG** | **08:45** | **3,632.5 MHz** | **SK5BN**(Norrköping) | **a)** |
| **TISDAG** | **08:45** | **3,632.5 MHz** | **SK5BN**(Norrköping) | **a)** |
| **ONSDAG** | **08:45** | **3,632.5 MHz** | **SK5BN**(Norrköping) | **a)** |
| **TORSDAG** | **08:45** | **3,632.5 MHz** | **SK5BN**(Norrköping) | **a)** |
| **FREDAG** | **08:45****19:00** | **3,632.5 MHz****28,475 MHz** | **SK5BN**(Norrköping)**SK5SM**(Motala) | **a)****Östergötlands ringen** |
| **LÖRDAG** | **08:45** | **3,632.5 MHz** | **SK5BN**(Norrköping) | **a)** |

1. **Ofta även kl. 14:45. Reserv frekv. = 3,623 + 3,747 + 3,750 + 3,775 MHz**

**Sporadiskt 15:00 i CW = 3,550-3,555 MHz**